



SEVA MANDAL EDUCATION SOCIETY'S
SMT. SUNANDA PRAVIN GAMBHIRCHAND
COLLEGE OF NURSING

Academic year

2022-2023



**SEVA MANDAL EDUCATION SOCIETY'S
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CAPABILITY ENHANCEMENT SCHEMES

Syllabus for Capability enhancement courses:

1. Personality Development by Mr. Jignesh Sanghavi

A. First Year Basic B.Sc. Nursing: Planning Prioritization

8 to 9.30am	Session I: Goal setting- Specific action plan., Implementation of action plan- self discipline
9.30 to 9.45am	Break
9.45 to 12pm	Session 2: Handling failure/ setbacks- developing your expertise, monitoring your progress
12 to 12.30pm	Lunch
12.30 to 2pm	Session 3: Gratitude, pay back attitude, visualization, affirmations
2 to 2.15pm	Break
2.15 to 4pm	Session 4: Process of Prioritization- Balancing your life- Family connections, social contribution


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A. Fourth Year Basic B.Sc. Nursing: Office Etiquettes

8 to 9.30am	Session 1: Introduction to Etiquettes, different cultures/ backgrounds having different Etiquettes
9.30 to 9.45am	Break
9.45 to 12pm	Session 2: First impression, professional clothing and grooming
12 to 12.30pm	Lunch
12.30 to 2pm	Session 3: Communication and meeting Etiquettes, cell phone, email, dinning Etiquettes
2 to 2.15pm	Break
2.15 to 4pm	Session 4: Behavior Etiquettes- handling different attitude people, Do's & Don't of Office culture.

2. Yoga and Meditation: By Ms. Vandana Saha

- Meditation:
 - ✓ Stressors in Life
 - ✓ Anatomy & Physiology functions related to meditation
 - ✓ Various techniques of meditation
 - ✓ Five chakras in meditation
 - ✓ Encourage family support
- Yoga Techniques:
 - ✓ Relationship between yoga and physiological functions of body
 - ✓ Various Yoga techniques
 - ✓ Various Asanas
 - ✓ Live demonstration of various Yoga techniques
 - ✓ The secret of being happy

3. Self Defence course: By Mr. Mahesh Navale for five days for 2hrs

- Warm up techniques
- Punches, kicks, blocks
- Self-defence techniques- hand techniques of five types
- Neck holding by one hand
- Neck holding by both hand
- If suppose someone grab you from back side- both hand techniques



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Fatema Yusuf Fanuswala

INWARD No.: 3075
Date :- 21/03/2022
Remark :-

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DOB - 08/02/1998

Nationality - Indian

Mobile No - 9757095079

Address – New Hind Mill MAHADA Compound, SBUT Transit Camp 2, 3B, 14th floor, 1402, 1403. Cotton Green. Mumbai- 400033

E-mail ID - fanuswalafatema@gmail.com

Career Objective -

To work for an organization that provides me the opportunity to improve my skills and knowledge and to grow along with the organization's objective. To do my best and make good use of the knowledge and skills I have, and to give my 100% to the organization.

Academia -

1. Secondary School Certificate (SSC) from Maharashtra State Board (March 2014) - 83%
2. Higher Secondary Certificate (HSC) from Maharashtra State Board (February 2016) - 80.62%
3. Bachelor of Arts in Psychology from the University of Mumbai (April 2019): -
 - Semester 1 in November 2016: 8.47/10 (SGPI)
 - Semester 2 in April 2017: 8.87/10 (SGPI)
 - Semester 3 in November 2017: 8.64/10 (SGPI)
 - Semester 4 in April 2018: 8.32/10 (SGPI)
 - Semester 5 in November 2018: 8.67/10 (SGPI)
 - Semester 6 in April 2019: 8.67/10 (SGPI)

Psychology - 4 hrs

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12. Comple Human 17th day
13. Studied
14. Succes Psychd Colleg
15. Condu Syndr
4. Masters in Counselling Psychology from Smt. Maniben M.P. Shah Women's College of Arts & Commerce (Autonomous under S.N.D.T. Women's University, Mumbai.)
 - Semester 1 in November 2019: 70.60%
 - Semester 2 in March 2020: 76.20%
 - Semester 3 in March 2021: 70.20%
 - Semester 4 in July 2021: 78.80%
5. Honors Program in Masters in Counselling Psychology from Smt. Maniben M.P. Shah Women's College of Arts & Commerce in 2020-2021
 - Grade: A
6. Completed the Basic Practitioner Course in Cognitive Hypnotic Coaching conducted from 5th- 8th July 2019 by the Institute of Clinical Hypnosis and Related Sciences.
7. Completed the Practitioner Course in Cognitive Hypnotic Coaching conducted from 14th 18th July 2019 by the Institute of Clinical Hypnosis and Related Sciences.
8. Course completed on Money Unlimited, Art of Self-Love, Forgiveness is for You, Happiness 2.0, and Superconscious Mind Mastery conducted by Agastya Kapoor.
9. Successful completion of one week of an online interdisciplinary course on Basics of Organic Farming from May 17th- May 23rd, 2020 organized by Department of Botany, IQAC, Athalye-Sapre-Pitre college, Devrukh.
10. Successful Completion of Eclectic Approach to Psychotherapy conducted from 1st October - 15th September 2021 by Institute of Clinical Hypnosis and Related Sciences
11. Did a Certificate course in The Arts and Science of Relationships: Understanding Human Needs from the University of Toronto.

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12. Completed a Post-Graduate Diploma in Sports Psychology under the Faculty of Humanities from Smt. Maniben M.P. Shah Women's College of Arts & Commerce on the 17th day of February in the year 2021.

- Semester 1: 56.40%
- Semester 2: 56.19%

13. Studied Graphology complete Course with DDL D.

14. Successful Completion of Orientation Course in "Basics Skills in Counselling and Psychological Assessment" under the Faculty of Smt. Maniben M.P. Shah Women's College of Arts and College (Autonomous) in 2020-2021.

15. Conducted Research studies on psychological well-being, Self Esteem, Polycystic Ovary Syndrome Quality of Life, Work-Life Balance among Working Women, and Family Life.

Internships -

- Social Media Internship with DSPR – A PR & Social Media Consultancy from 3rd February – 15th October 2018.
- Been a part of the Teacher Assistantship and conducted lectures for students of SYBA- May 2021- June 2021.
- Working as a Program Developer for Tavishi (Non-Government Organization) working on designing workshops and modules for Child Sexual Abuse, Gender Sensitization, Life Skills Training and many other social topics- 1st October 2021
- Mindscape Internship – 50 hours of Training and Internship in Psychological Skills and Therapeutic Techniques from Mindscape, Center for Counselling and Psychological Well-Being.
- Mindscape Internship – 40 hours of Training and Internship in Psychological Skills and Therapeutic Techniques of Child and Adolescent Psychology from Mindscape, Center for Counselling and Psychological Well-Being.
- Completed 45 Hour Internship in Eclectic Approach to Psychotherapy by Institute of Clinical Hypnosis and Related Sciences by 8th November 2021.


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- Participated in national webinar on “Creative, Technical and Career Aspects of Film Making” organized by Department of BMM/BAMMC of K.G. Joshi College of Arts and N.G. Bedekar College of Commerce, in Association with ICE academy on 9th May 2020.
- Attended IIDE’s webinar on Digital Round Trip – Easy Tech to Use in Class, on 28th May 2020.
- Participated in a two-day online workshop on “Arts-Based Therapy” on 20th and 21st May 2020 conducted by AATMANN.
- Successfully participated and secured 75/100 in the online General Knowledge and Awareness Quiz hosted by Ghanshyamdas Jalan College of Science, Commerce, and Arts.
- Participated in a seminar on ‘Case History Taking and Mental Status Examination’ on June 28th at Lokmanya Tilak Municipal General Hospital, Mumbai.
- Participated in a webinar on ‘Talk on Emotional Wellbeing of Students’ by Avinash De Souse on 19th May 2020.
- Participated in novel lecture series on “Mental Health Awareness” supported by the ‘Bombay Psychiatric Society’ at LTMMC Hospital, Mumbai, on 10th October 2017.
- Conducted workshops on Mental Health Related issues in college and individually.

Computer Knowledge -

- Microsoft Word.
- Microsoft PowerPoint.
- Microsoft Excel.
- Canva
- Google Sheets, Drive and Meet.

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- Well versed with all Social Media Sites like Instagram, Facebook, Twitter, and WhatsApp.
- Knows how to make quizzes, flashcards, and crosswords for studying online.
- Can conduct webinars and seminars online.

Personality Traits -

- ✓ Highly motivated and eager to learn new things.
- ✓ Positive Attitude.
- ✓ Fast Learner.
- ✓ Ability to work as an individual as well as in a group.
- ✓ Good communication skills.
- ✓ Like Socializing and staying UpToDate on the latest issues.

Other Skills -

- ✓ Good listener.
- ✓ Hard worker.
- ✓ Flexible.
- ✓ Self-motivated.
- ✓ Empathetic.

Personal Details -

- Languages Known- Hindi, English, Gujarati, French (Beginners).
- Interests- Travelling, Reading, Photography, Movies, Food Blogging, maintaining a journal, cooking, and talking to people.

I hereby assure you that the above-given information is true.

Thank You for taking the time to consider my application, and I look forward to hearing from you.

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DR. SAGAR KARIA
M.B.B.S, M.D. (PSYCHIATRY)
(MMC Reg. no. 2010/04/1352)
Contact no. 9594530457
Email: karia777@yahoo.com

Objective: To provide services as Consultant Psychiatrist, Sexologist and Psychotherapist.

Special Interests: Women and Child Psychiatry, Deaddiction, Sexual Disorders.

PROFESSIONAL EXPERIENCE: More than 10 years of practice

EDUCATION:

Qualification	Year	Institute	University	Marks	Percentage
M.D. Psychiatry	2014	Lokmanya Tilak Municipal Medical College and General Hospital, Sion Mumbai (Maharashtra)	Maharashtra University of Health Sciences, Nashik, Maharashtra.	523/800	65.38%
M.B.B.S					
III- part 2	2008	Lokmanya Tilak Municipal Medical College and General Hospital, Sion Mumbai (Maharashtra)	Maharashtra University of Health Sciences, Nashik, Maharashtra.	611/900	67.89%
III- part 1	2007			288/400	72%
II	2006			433/550	78.73%
I	2005			455/600	75.83%

ACADEMIC HONORS:

- First Prize for Dr. P.C. Shastri Award Paper at " D.Y. Patil Symposium on Child and Adolescent Psychiatry", March 2015
- Best Overall Participation in the 3rd Leadership and Professional Skills Workshop for Early Career Psychiatrists, 12 – 15th Jan, 2015.
- Awarded the Fellowship of Dr. Ramachandra N Moorthy Foundation for Mental Health and Neurological Sciences for participating in the 3rd Leadership and Professional Skills Workshop for Early Career Psychiatrists, 12 – 15th Jan, 2015.
- Winner of Dr. L.P.Shah best paper award- 2016 on Annual Day Function of Bombay Psychiatric Society, April 2016.
- Winner of inter collegiate Post Graduate Psychiatry Quiz - 2012 organized by Bombay Psychiatric Society.
- 2nd prize winner of Dr.A.D'souza Prize in Psychiatry, a competitive exam held for UG students.
- Winner of Dr. B.M. Bhargav prize in Obstetrics and Gynaecology, a competitive exam held for UG students.
- 2nd prize winner of Dr.C.M. Gadre Prize in ENT, a competitive exam held for UG students.
- Winner of Dr. Athavale prize in Pathology, a competitive exam held for UG students.
- Winner of Dr. C.M. Gadre prize in Physiology, a competitive exam held for UG students.
- Winner of Dr. B.M. Bhargav prize in Anatomy, a competitive exam held for UG students.

SCIENTIFIC PRESENTATIONS:

- Poster Presentations
 1. Retrospective Audit of ECTs in Children and Adolescents in a Tertiary Hospital Poster at 44th Annual Conference IPS WZB 2013, Goa.
 2. Trichotillomania as comorbidity with other disorders. 4 case reports. Poster at 66th Annual National Conference of IPS, 2014, Pune.
 3. Sleep and Suicide: Connecting Links. Dr. Ramesh Patel Award Poster at " D.Y. Patil Symposium on Child and Adolescent Psychiatry", March 2015.
- Paper Presentations:
 1. Dr. A.V. Shah Best paper presentation: Psychiatric Morbidity and Quality of Life in patients of Psoriasis, Vitiligo

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- and Alopecia Areata: A comparative study. At Annual Conference of IPS West Zone, 2014, Aurangabad.
2. Dr. L.P. Shah Best paper presentation: Insomnia, Dreams and Suicide: Connecting Links. At Bombay Psychiatric Society Annual Day Programme, 2015.

WORKSHOPS ATTENDED:

- Attended 8 module (3 hrs each) workshop on **Psychotherapy and Counseling** from 15 December 2011- 12 January 2012.
- Attended the "Train The Trainers" workshop conducted by British Indian Psychiatric Association from 24-28 January 2012.
- Attended 3 day workshop on **Research Methodology** at Bhakti Vedanta hospital Mira road Mumbai, 10-13 July 2013
- Attended full day seminar on **Addiction and Management of Substance Abuse** on 4th August 2013.
- Attended the "ICH- GCP" workshop organized by department of Pharmacology, L.T.M.M.C. &G.H., Sion, Mumbai- 25th Sept 2012.
- Attended 2 day workshop on **Resident as Teacher** by M.U.H.S. Nashik, 14-15 October 2013.
- Attended 2 day workshop on **COGNITIVE BEHAVIOR THERAPY** by Dr. Chittaranjan Andradra on 16-17 November 2013.
- Have completed a course on Quantitative Methods in Clinical Public Health Research.

CO-CURRICULAR & EXTRA-CURRICULAR ACTIVITIES:

Organizational	<ul style="list-style-type: none">- Hon. Secretary of Bombay Psychiatric Society (April 2017- April 2019).- Hon. Joint. Secretary of Bombay Psychiatric Society (April 2016- April 2017).- Executive Committee Member of Psychiatric Society of Thane.- Member of SNEHA L.T.M.G.H. Core committee.
Journals	<ul style="list-style-type: none">- Hon. Associate Editor for Indian Journal of Mental Health- Reviewer for Indian Journal of Psychological Medicine, Annals of Indian Psychiatry & others.
Quizes	<ul style="list-style-type: none">- Quiz Master at Annual Conference of IPS West Zone, 2014, 2015, 2016, 2017, 2018.- Have trained undergraduate and postgraduate students for quizzes.
Camps	<ul style="list-style-type: none">- Have conducted dementia screening camps in various locations of Dharavi and Matunga Labour Camp slums in association with SHIELD Foundation.- Have been conducting camps on deaddiction awareness in Chembur in association with Pehel Foundation.

PROFFESIONAL MEMBERSHIP: Fellow- Indian Psychiatric Society
Member- Indian Association of Biological Psychiatry
Member- Bombay Psychiatric society
Member- Psychiatric Society of Thane

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PUBLICATIONS:

- **Original Research-**
 1. Frequency and Types of Anxiety-Related Emotional Disorders in Secondary School Children in an Urban Population from India. Published in German J Psychiatry 2013, 16(3): 112-118.
 2. Retrospective Audit of ECTs in Adolescent Patients in a Tertiary Hospital. Published in Indian Journal of Applied Research, Vol. 3, Issue 9, Sep 2013.
 3. Electroconvulsive Therapy Usage in Geriatric Patients in A Tertiary Care Hospital. A Retrospective Chart Analysis. Published in Global Journal for Research Analysis, Vol. 3, Issue 4, April 2014.
 4. Social Anxiety and Impulsivity Amongst Internet Addicts and Substance Users. Published in Indian Journal of Research, Vol. 4, Issue 2, Feb 2015.
 5. The Relationship Between Self Esteem and Loneliness amongst Smoker And Non Smoker Male College Students. Published in Indian Journal of Applied Research, Vol. 5, Issue 3, March 2015.
 6. Caregiver burden assessed for positive and negative symptoms and knowledge about schizophrenia in caregivers of schizophrenia patients: an exploratory study. Published in Indian Journal of Community Psychology, 2015, 11(1). 1-10.
 7. Minor Physical Anomalies in Schizophrenia : A Clinical Study. Published in Indian Journal of Applied Research, Vol. 5, Issue 5, May 2015.
 8. Psychological Morbidity in Vitiligo-A Case Control Study. Published in Journal of Pigmentary Disorders 2015, Vol. 2, Issue 3.
 9. Hallucinations in Patients with Schizophrenia Attending a Tertiary Psychiatry Hospital. Published in The Arab Journal of Psychiatry (2015) Vol. 25 No.1 Page (68- 73).
 10. Suicide in Alcohol Dependence : clinical and social correlates. Published in Indian Journal of Mental Health 2015, 2(2).
 11. An Exploratory Study in Child Mental Health amongst School Going Children. Published in Indian Journal of Research, Vol. 4, Issue 10, October 2015.
 12. Cost Analysis of Antipsychotics in Indian Markets. Published in Indian Journal of Research, Vol. 5, Issue 3, March 2016.
 13. Study of Cost - Analysis of Commonly Used Oral Sedative - Hypnotics in India. Published in Indian Journal of Applied Research, Vol. 6, Issue 4, April 2016.
 14. Psychiatric morbidity and quality of life in skin diseases: A comparison of alopecia areata and psoriasis. Published in Industrial Psychiatry Journal. Jul-Dec 2015, Vol. 24, Issue 2.
 15. Serum thyroid stimulating hormone levels and suicidal tendency in patients with first episode schizophrenia. An exploratory study. Published in Thyroid Research and Practice, May-August 2016, Vol. 13, Issue 2.
 16. Predictors of patients with high suicidality during the post-discharge period in the early phase of schizophrenia. Published in International Journal of Medical Science and Public Health, 2016, Vol. 5, Issue 12.
 17. Comparing Prices Of Commonly Used Gastric Acid Suppressants Available In India. Published in Asian Journal of Pharmaceutical and Clinical Research, Vol. 9, Issue 4. 2016.
 18. A retrospective study of treatment compliance in psychiatric patients and factors affecting the same. Published in Indian Journal of Mental Health 2016; 3(2).

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19. A prospective study of factors affecting treatment compliance in psychiatric patients attending a tertiary general hospital psychiatry unit. Published in Delhi Psychiatry Journal, April 2016, Vol. 19, No.1.
20. Clinical and Psychoeducational Profile of Children with Attention Deficit Hyperactivity Disorder and Learning Disabilities. Published in Delhi Psychiatry Journal, April 2016, Vol. 19, No.1.
21. Appetite and weight loss in children on atomoxetine therapy: an exploratory clinical study. Published in International Journal of Contemporary Pediatrics. July-September 2016, Vol.3, Issue 3.
22. Minnesota Multiphasic Personality Inventory-2 Profiles of Patients with Gender Identity Disorder Requesting Sex Reassignment Surgery. Published in Indian Journal of Psychological Medicine, Sep - Oct 2016, Vol 38, Issue 5.
23. Excessive Daytime Sleepiness in Schizophrenia: A Naturalistic Clinical Study. Published in Journal of Clinical and Diagnostic Research. 2016 Oct, Vol-10(10): VC06-VC08.
24. Childhood onset trichotillomania: a retrospective analysis of 78 cases visiting tertiary general hospital. Int J Contemp Pediatr. 2016 Nov; 3(4):1284-1287.
25. Study of Suicidality And Suicide Behavior Among Individuals With Long-Standing Duration Of Schizophrenia In India: An Explorative Study. ASEAN Journal of Psychiatry, Vol. 17 (2), July - December 2016.
26. Predictors of patients with high suicidality during the post-discharge period in the early phase of schizophrenia International Journal of Medical Science and Public Health | 2016 | Vol 5 | Issue 12.
27. Socio-demographic Trends in Patients Consuming Crude Opium Attending Psychiatry Clinic of a Tertiary Care Hospital In Mumbai National Journal of Community Medicine | Volume 7 | Issue 11 | Nov 2016.
28. Insomnia, dreams, and suicide: Connecting links. Industrial Psychiatry Journal, Volume 25 | Issue 2 | July-December 2016.
29. Effect of multimodal therapy on children with attention deficit hyperactivity disorder. Int J Contemp Pediatr. 2017, Mar; 4(2):495-498.
30. Smartphone usage practices, preferences and its perceived effects in medical students at a tertiary care medical college. Int J Med Public Health. 2017; 7(1): 51-55.
31. A Study of Patterns of Platelet Counts in Alcohol Withdrawal. Published in Indian Journal of Psychological Medicine, Jul - Aug 2017, Vol 39, Issue 4
32. A survey on the attitudes of psychology students towards the use of animals in medical research. Published in Indian Journal of Applied Research, Vol. 7, Issue 10, October 2017.
33. The Clinical profile of children with Neurodevelopmental disorders – A public hospital experience. Published in Delhi Psychiatry Journal, October 2017, Vol. 20, No. 2.
34. Attitude and Knowledge of Undergraduate Medical Students towards the Use of Animals in Medical Research: An Exploratory Study. Published in Journal of Clinical and Diagnostic Research. 2018 July, Vol-12(7): JC04-JC06
35. Neutrophil-Lymphocyte Ratio and C-reactive Protein Level in Patients with Major Depressive Disorder Before and After Pharmacotherapy. Published in East Asian Arch Psychiatry 2018; 28:53-8.
36. Knowledge, Attitude, Practices of Disulfiram Amongst Relatives Of Patient With Alcohol Use Disorder. Published in Indian Journal of Applied Research, Vol. 8, Issue 8, August 2018.
37. Executive function in patients with schizophrenia based on socio-occupational impairment: A cross-sectional study. Published in Industrial Psychiatry Journal. Jul-Dec 2018, Vol. 27, Issue 2.
38. A Survey on the Attitudes of Medical Students towards the Use of Tinder. Published in Indian Journal of Applied Research, Vol. 9, Issue 4, April 2019.

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39. Serum Testosterone levels and Suicide in first episode Schizophrenia: A longitudinal clinical study. Published in Delhi Psychiatry Journal, April 2019, Vol. 22, No.1.
 40. Paranoia in patients with gender dysphoria: A clinical exploration. Published in Indian Journal of Psychiatry 61(5), Sep-Oct 2019.
 41. A study of benzodiazepine prescription patterns in a tertiary general hospital. Published in National Journal of Physiology, Pharmacy and Pharmacology. 2019 | Vol 9 | Issue 5.
 42. A Study on the Prevalence and Phenomenology of Hoarding in Patients with Obsessive Compulsive Disorder. Published in Journal of Clinical and Diagnostic Research. 2019 Sep, Vol-13(9): VC01-VC04.
 43. A Clinical Analysis of patients seen in a Geriatric Mental Health Camp organized in Mumbai. Published in Indian Journal of Mental Health 2019; 6(2).
 44. Cost Analysis of Calcium Supplements Used in a Tertiary Care Hospital. Published in International Journal of Scientific Research, Vol. 8, Issue 8, Aug 2019.
 45. A Study on the Characteristics of Patients Who do not Recover in the Long-term Treatment of First Episode Schizophrenia. Published in International Journal of Medicine and Public Health, Vol 9, Issue 3, Jul-Sep, 2019.
 46. A Study on Quality of Life and Self Esteem in children and adolescents with Strabismus. Published in Indian Journal of Mental Health 2019; 6(3).
 47. Smoking and Peer Preference in College Students: an exploratory Study. Published in Indian Journal of Mental Health 2019; 6(3).
 48. Delusional Parasitosis: An Analysis of 177 Cases from a Tertiary General Hospital. Published in International Journal of Contemporary Medical Research Volume 6 | Issue 10 | October 2019
 49. Childhood Onset Trichotillomania – A Chart Review. Published in Indian Journal of Applied Research, Vol. 10, Issue 1, January 2020.
 50. Alcohol Withdrawal Cases As a Consequence of COVID-19: A Clinical Analysis. Published in Pharmaceutical and Biomedical Research. 2020 Jun 10;6:45-8.
 51. A cross-sectional study of sleep disturbances in patients diagnosed with Functional Dyspepsia. Published in Indian Journal of Mental Health. 2020;7(2).
 52. Psychopathology, quality of life and life satisfaction in patients with rheumatoid arthritis. Published in Telangana Journal of Psychiatry. 2020 Nov 15;6(1):76-9.
 53. Study of Effect of Co-Administration of Metformin along with Olanzapine on Changes in Body Weight, Waist Circumference, Fasting Blood Sugar and Lipid Profile in Patients Suffering from Schizophrenia. Published in Delhi Psychiatry Journal, October 2020, Vol. 23, No.2.
 54. Development and Psychometric Validation of the Selfie Taking Scale. Published in Delhi Psychiatry Journal, October 2020, Vol. 23, No.2.
- **Letters to Editor-**
1. Use of Electroconvulsive Therapy in Schizophrenia With Klippel-Feil Syndrome. Published in Journal of ECT, March 2015, Vol. 31, Issue 1.
 2. Modafinil Augmentation of Atypical Antipsychotic Agents: Duplicate Publication, Self-plagiarism, Salami Publication, and Other Matters. Published in Indian Journal of Psychological Medicine. Jan - Feb 2016, Vol 38, Issue 1.
 3. Metformin for antipsychotic-induced weight gain: Statistical curiosities Journal of Psychopharmacology, 2017, Vol. 31(4) 514.
 4. Unmodified electroconvulsive therapy: Concerns about reporting in a retrospective study. Indian J Psychiatry

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2017; Jan-Mar;59(1):125-126.

5. Treatment compliance and noncompliance in psychosis: Methodological issues. Indian J Psychiatry 2017, Jul-Sep;59(3):401-402.
 6. Animal Research in Medical Care. Published in Global Bioethics Enquiry 2017; 5(2).
 7. Antidepressant compliance in a rural setting. Published in Indian Journal of Psychiatry Volume 59, Issue 4, October-December 2017.
 8. Comments on "efficacy of transcranial direct current stimulation in the treatment: Resistant patients who suffer from severe obsessive-compulsive disorder". Published in Indian Journal of Psychological Medicine. July - Aug 2018, Vol. 40, Issue 4.
 9. Internal, External, and Ecological Validity in the Context of Studies on Advance Directives. Published in Indian Journal of Psychological Medicine | Volume 40 | Issue 6 | November-December 2018.
 10. Telepsychiatry during COVID-19: some clinical, public health, and ethical dilemmas. Published in Indian Journal of Public Health. 2020 Jun 1;64(6):245-6.
 11. Electroconvulsive Therapy Administered During the COVID-19 Pandemic. Published in The Journal of ECT. 2021 Mar;37(1):e2.
- **Brief Research Communication-**
 1. Celebrity suicide and its effect on further media reporting and portrayal of suicide: An exploratory study Indian Journal of Psychiatry 58(4), Oct-Dec 2016.
 - **Review Articles-**
 1. Anxiety Disorders in Women (Critical Clinical and Management Issues). Published in Indian Journal of Private Psychiatry Special Supplement On Women And Mental Health, Aug 2013.
 2. The Role of Newer and Emerging Drugs in the Management of Alcohol Dependence. Published in Indian Journal of Psychosocial Sciences. Vol. 4, No. 2, October 2014.
 3. Tiapride. Drug Update. Published in Indian Journal of Mental Health 2014; 1(1).
 4. Psychiatric Aspects of Psoriasis: a Clinical Review. Published in Indian Journal of Research, Vol. 4, Issue 4, April 2015.
 5. Psychological aspects of Alopecia Areata. Published in Indian Journal of Mental Health 2015; 2(1).
 6. Lurasidone. Drug Update. Published in Indian Journal of Mental Health 2015; 2(1).
 7. Enuresis and Sleep - are there some connections? Published in Indian Journal of Private Psychiatry. Vol. 9, Issue 1, April 2015.
 8. The Thalamus: Neuroanatomy Reflection Corner. Published in Indian Journal of Mental Health 2015; 2(2).
 9. Pregnancy and Antidepressant: To be or not to be? Published in Indian Journal of Applied Research, Vol. 5, Issue 10, October 2015.
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